



*sample itinerary*  
**Dolomites &  
Friuli Venezia Giulia**

*Guida Da Lir*  
EXPERIENCES YOU WILL TREASURE AT LENGTH



# *Suggestions* for an unforgettable *journey*



We represent unique, extraordinary independent and privately-owned boutique hotels, villas and yachts in Italy. To promote the hotels we represent we take pride in creating travel suggestions and itineraries, where our local knowledge meets the needs and interests of travel advisors and clients. Make this your very own tale of discovery along this unique peninsula, whether your primary concern is art, architecture, archaeology or even fine dining and shopping.

Our goal is to introduce travel advisors to new products and act as a primary resource for information and assistance ensuring they receive all the support they need in real time. Having a “**sample itinerary**” connecting the properties gives something more solid and potentially concrete to promote, rather than a mere collection of hotels.

Extraordinary hotels, whose credo is painstaking attention to details, excellence throughout, and whose experience is one you will treasure at length. Light varying a thousand times in a day, sensational dawns and sunsets, ever-changing hues, the lull of the waves by the shore, a star-studded sky, savouring an outstanding meal: you will simply ask for more.

*Welcome to our world*



To make the experience even richer, every itinerary can be designed by Italian DMCs to the last detail. Every visit, every lunch and dinner, every overnight stay and every transfer is carefully selected to be part of a story, your story.

*8 days*

## Dolomites @ Friuli Venezia Giulia

- day 1, day 2, day 3 / **Dolomites / Alta Badia**  
3 nights at **Ciasa Salares**
- day 4, day 5, day 6 / **Dolomites / Val Gardena**  
3 nights at **Gardena Grödnerhof R&C**
- day 7, day 8 / **Friuli Venezia Giulia**

### Season

- Dolomites & Friuli Venezia Giulia  
from June to end of October
- Dolomites:  
summer season June to end of October,  
winter season December to end of March
- Friuli Venezia Giulia: all year round





# DOLOMITES



Gardena Grödnertal / Val Gardena / Ortisei



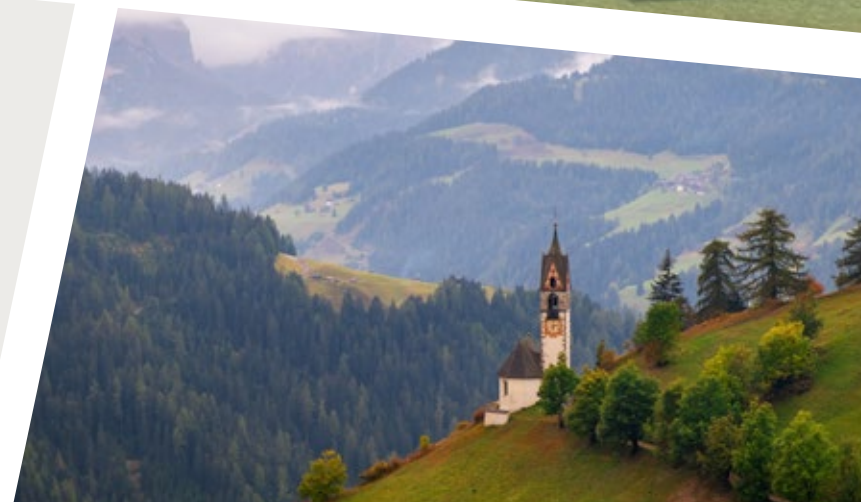
To sleep, perchance to dream. Shakespeare may spring to mind when the Dolomites come into sight in all their magnificence – be it the first or the hundredth time this happens. Dolomites are natural World Heritage Site since 2009.





## day 1 / day 2 / day 3

**Bëgnodüs! Welcome to Val Badia.** Touted as some of the most evocative places in the Dolomites, **Val Badia** and the adjoining high planes of Fanes will lure you and enchant you with their appeal; a sunny, 16-km long valley, it is part of the **Parco Naturale di Fanes-Sennes-Braies**. This is a most charming park, mostly covered by mountain pastures and meadows, characterised by a unique variety of plant life. Visit the **Conturines Cave** or the **Armentara**. Nature puts on its best show here, with the Conturines, Lavarella and Lagazuoi as a backdrop to breathtaking sceneries. Do you enjoy walking? Choose the Larch and Meditation trail or one of the superb routes in the Fanes Park. Meadows and experience the explosion of colours, water and life found in the park. You will stop in amazement countless times, wondering how nature can put on such a memorable display. **San Cassiano**, charming and cosmopolitan, has succeeded in combining tourism and mountain life. Classy hotels and Michelin starred restaurants sit alongside farms and traditional shops, in a balanced harmony of vistas, so typical of the Dolomites.





## HOTEL CIASA SALARES



*A* taste for  
all seasons



Ciasa Salares is more than just a boutique hotel—it's an intimate retreat where nature, tradition, and culinary excellence come together in perfect harmony. Run by the Wieser family, this enchanting hideaway embodies the warmth of Ladin hospitality, offering guests an authentic and refined mountain experience that feels like home from the moment they arrive. Ciasa Salares is a dream destination for food lovers: Cocun Cellar Restaurant boasts over 2,000 labels, the Cheese Room with 65 sort of cheese and the Chocolate Room with 120 sorts of fine chocolate.

**HOTEL CIASA SALARES** / 3 nights



# D O L O M I T E S / V A L G A R D E N A



## day 4 / day 5 / day 6

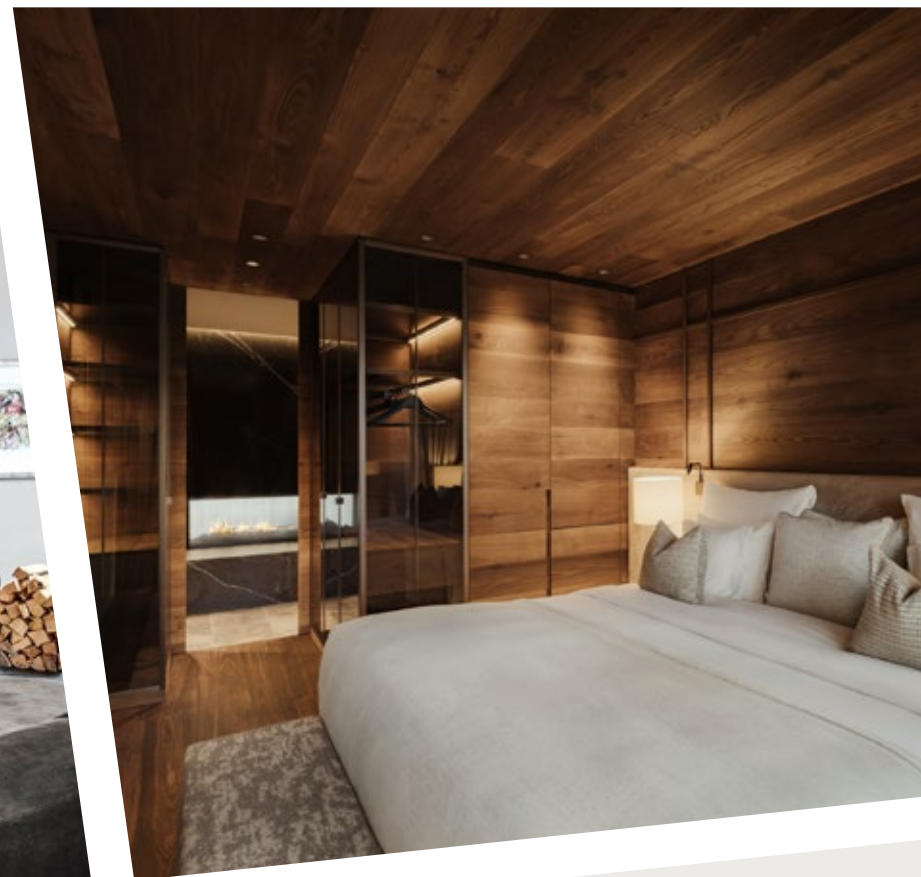
**Val Gardena** epitomises all the charm and appeal the Dolomites are known the world over for: majestic scenery, vibrant colours, bluebird skies, dazzling, impressive peaks – **Sassolungo**, **Sassopiatto** and **Sella** to name a few – offering activities for everyone, all year round, from skiing to hiking, walking, cycling, climbing and via ferrata routes. Val Gardena proudly claims an identity of its own, due to the isolation given by the Sella Group and Sassolungo mountain chains. You will find age-old traditions here, allowing it to flourish amid many pre-mass-tourism traditions. One of these is woodcarving. You will see pretty, bustling villages, where the Ladin heritage is strongly felt and heard in the local dialect, along with vernacular architecture. **Ortisei** is the main village in the area and is surrounded by the **Rasciesa**, Seceda and **Mont Sëuc** mountains.





GARDENA GRÖDNERHOF

*Love* at first sight



A true Val Gardena icon since 1923, Gardena Grödnerhof Relais&Chateaux and Virtuoso is lovingly run by the Bernardi family, blending generations of heartfelt hospitality with contemporary alpine luxury. Recently reimagined through a bold refurbishment, spacious rooms and suites with warm woods and refined alpine details invite deep relaxation, while gastronomy shines at the Michelin-starred Anna Stuben, the elegant hotel restaurant and the stylish Lounge & Bar, complemented by an exceptional wine cellar. The Gardena SPA completes the experience—an exclusive sanctuary with pools, saunas and bespoke treatments inspired by Ayurveda and alpine botanicals. A stay here is an enchanting journey into true well-being.

**GARDENA GRÖDNERHOF** / 3 nights





## Not to be missed

### Alta Badia

- Visit Cortina d'Ampezzo • Sas dla Crusc, the symbol of Val Badia Dolomites • Audi FIS Ski World Cup / Gran Risa
- Spëisa ladina: Ladin cookery course • Hike and Fly - for the bravest • Dinner on a mountain hut • Gourmet Ski Safari
- World War circuit - summer or winter • Sella Ronda Ski circuit

### Val Gardena

- Wood carving class • Snow shoes by night • Judith Sottriffer, the toy maker of Val Gardena / Ortisei
- The biggest nativity scene in the world / Santa Cristina • Church of San Giacomo (Saint James)
- Visit Museum Gherdëina • Wine tasting at Abbazia di Novacella

## Buon appetito!

### Alta Badia

- Moritzino Mountain hut • L'Osti • L'Murin: brewery in summer and Apres Ski in winter
- Cocun Cellar at Ciasa Salares • Chocolate and Cheese Room at Ciasa Salares

### Val Gardena

- Anna Stuben ❀ • Baita Sofie • Rifugio Troier • Fienile Monte
- Rifugio Comici • 4 Sajons Restaurant at Gardena

## Food ectstatic

- Canederli with cheese and Canederli with speck • Kaspressknödel Panicia
- Casunziei/mezzelune • Spätzle • Zwetschgenknodel • Gulasch • Tirtlen
- Speck • Tiroler Gröstl apple strudel • Fartaies • Kaiserschmarrn
- Zelten • Puccia bread • Grappa tasting

## Wine

- Lagrein • Gewurztraminter • Riesling • Mueller Thurgau
- Schiava Gentile • Pinot Bianco • Pinot Grigio • Pinot Nero
- Sylvaner • Blauburgunder





# FRIULI VENEZIA GIULIA



## day 7 / day 8

At the eastern end of the Italian peninsula, Friuli Venezia Giulia region extends for almost eight thousand sq km, passing from the craggy Dolomites peaks to the verdant hills covered by vineyards and the coasts that plunge into the blue of the Adriatic Sea.

A region filled with hidden treasures, you will visit the notable **Mosaics School** in **Spilimbergo**, the only one of its kind in the world, it hosts students from many different nations. The fort-city of **Palmanova**. Explore **Grado**, also known as the Golden Island. Discover **Aquileia**, the ancient Roman city that hosts exceptional mosaics in the striking Basilica di Santa Maria Assunta.







MIRAMARE CASTLE



TRIESTE



BARCOLANA SAILING REGATTA IN TRIESTE

**Trieste** boasts an idyllic atmosphere and you will discover its greatness and beauty. The city is vibrant, has its own unique charm, is full of history and of beautiful architecture and attractions, and offers many interesting excursions. The alpine foothills of the Friuli are some of the best white wine producing estates in Italy, **Collio and Carso area**. Friuli Venezia Giulia offers the opportunity to dive into its winemaking traditions and explore the excellences of this territory during various winery tours and memorable tastings of local wine. The hilltop town of **San Daniele** is world-famous for its prized ham. All year round active holidays: sailing, walking, hiking, trekking, biking, horse riding, skiing, cross-country skiing, sleddog, photo shooting experiences and much more.





## Not to be missed

- In Trieste San Giusto's Cathedral • Miramare Castle • The Synagogue • Walking tour of the city center • Museo Revoltella
- Visit a Coffe Roastery with coffe tasting • Visit the Grotta Gigante • The Mosaic Shool in Spilimbergo
- Hiking and Biking tour in Val Rosandra and The Duino Cliffs Natural Reserve, The Rilke Path, The Strada Napoleonica
- Boat Tour in Trieste

## Buon appetito!

- In Trieste:** • Harry's Piccolo ❀❀ / **Fish:** • Al Bagatto • Antica Trattoria Menarosti • Ai Fiori
- Antica Ghiacceretta / **Meat:** • Cantina del Vescovo • Angry Diamond • Bracerie Venete
- / **Tradition:** • Trattoria da Giovanni • Al Petes • Vino e Cibo in Cittavecchia / **Pizza:** • Al Civicosei
- Pizzeria Di Napoli • Tavernetta Al Molo / Grignano • Sal de Mar / Muggia • Baita Salež / Sgonico

## Food ectstatic

- Jota • Frico and polenta • Cjarsons • Boretto di pesce • Strucolo • Prosciutto di San Daniele
- Gubana • Coffe tasting in the famous bars in Trieste

## Wine

- Pinot grigio • Tocai • Chardonnay • Verduzzo • Picolit • Schioppettino • Pignolo • Cabernet
  - Cabernet Sauvignon • Refosco dal Peduncolo Rosso
- Wine tasting at:** • Vodopivec Paolo • Kante Azienda Agricola • Renato Keber Winery
- Zinarich Az. Agr. • Ritter de Zahony Az. Agr.

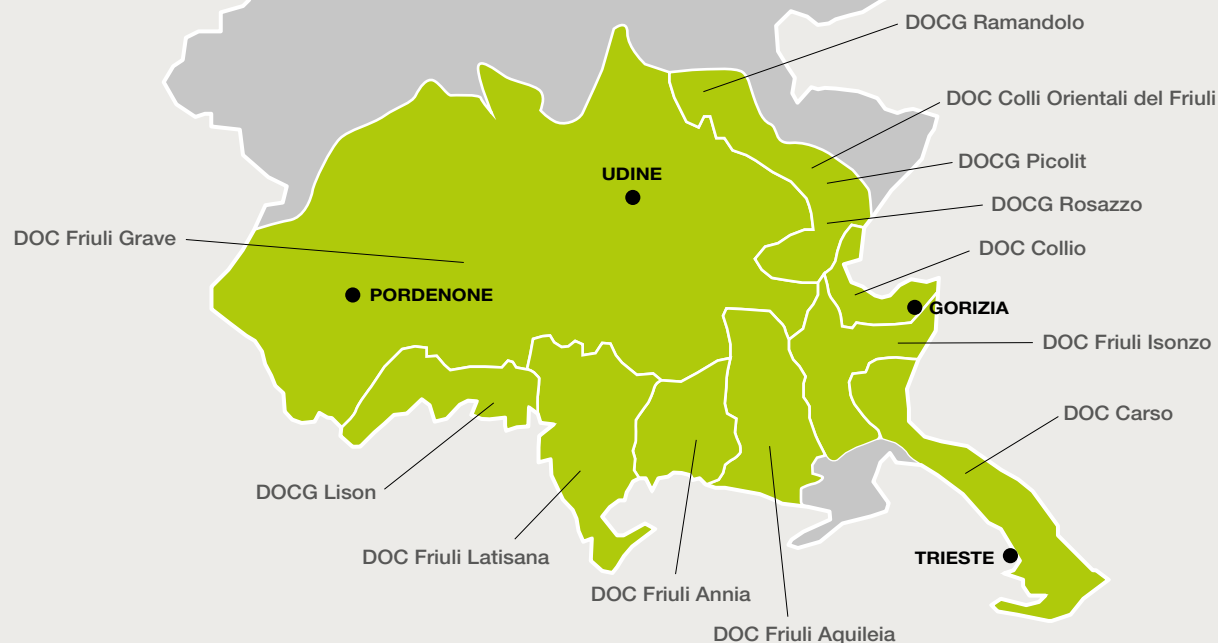




# Poetry in a glass



## FRIULI WINE AREAS



### the Collio district

It is a well-known fact that some of the best wines in the world are produced on the peninsula, with regional variations adding spark and character to that ever-pleasing Italian allure. Among its vast cultural and historical heritage, eclectic, proud, captivating Friuli-Venezia-Giulia boasts the **Collio** area: strewn with gentle vineyards and blessed with a special climate and soil, known as *Ponca* or *Flysch*, this district sits on the border with Slovenia and fosters the production of outstanding (primarily) **white wines**, among the best in the country. Awarded the DOC label as early as 1968, *Collio Bianco* was the first of a series of superb varieties, such as *Pinot Grigio*, *Pinot Bianco*, *Ribolla Gialla* or *Friulano*, with connoisseurs captivated by their fresh, mineral rich, aromatic and balanced taste.

The renowned dessert wine *Picolit* is also a local product of excellence: produced in very small quantities, making it rare and exclusive, this wine is elegant and harmonious, exuding all the features that reveal its unique nature.

Wines from the Collio area are best defined as “poetry in a glass”, for they convey the harmony of the bucolic landscape they are produced in: evocative, hill-top **San Floriano al Collio** is a charming village that sits on the *Strada del Vino e delle Ciliegie* (the wine and cherry route), with vine clad roads connecting lovely churches, fortresses and serene hamlets.

Habsburg-style **Cormons** is the main municipality and is dominated by the Quarin Mount, where the first local settlements were established, back in Roman times. The wetland **Preval** area features small lakes and meadows where you will find deer roaming free and ducks: ideal for relaxing strolls and hikes, its calmness is echoed by the lovely **Plessiva wood**, replete with oak trees and popular with walkers.

Linking **Capriva del Friuli** with Sermons, the *Sentiero delle Vigne Alte* offers hiking, mountain biking and horse-riding opportunities among gentle vineyards that open onto superb views, reflecting the perfect balance between man and nature in a region that stuns and amazes with its natural, historical and cultural gems.





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